

# 2022 Trinity Summer Band Dates

## May 16-17 New Marcher Fundamentals Camp

5:30pm – 8:30pm New marchers/leadership

## May 20 All Marchers Fundamental Camp

5:30pm – 8:30pm All students

## May 24 Director Meeting (All Members)

7pm @ THS Band Hall

## May 31 – June 2 Band Camp

8:00am – 12:00pm All Students

12:00pm -1:30pm Lunch

1:30pm – 4:00pm All Students

## June 3 Band Camp

8:00am – 12:00pm All Students

TBA- June Camp Social

## June 4 Band Registration

9:00am-11:00am Seniors

12:00pm-2:00pm Juniors

2:00pm-4:00pm Sophomores

## July 18 - 22 (full Band)

7:00am - 11:00am Marching

11:00am - 12:30pm Lunch

12:30pm - 4:00pm Music

## July 25 – 29 (full band)

7:00am - 11:00am Rehearsal

11:00am - 12:30pm Lunch

12:30pm - 4:00pm Indoor Rehearsal

## August 1 – 5 (full band)

7:00am - 11:00am Rehearsal

11:00am- 12:30pm Lunch

12:30pm - 4:00pm Indoor Rehearsal

## August 8,9

7:00am – 12:00pm

## August 10

First day of school

\*Schedule Subject to Change

### Items Needed for Rehearsal

- All equipment needed for rehearsal; marching instrument, flag/rifle, music, and pencil
- Students are to bring a 2-liter jug of water to ALL rehearsals!
- Dress in light weight, breathable, athletic clothes
- Be sure to wear athletic shoes. This will help prevent injury and make it easier to do the marching technique
- Students are encouraged to wear sun screen, hats, and sunglasses
- Student Participation Physical

The students' safety is always our top priority in the Trinity Band program. We make sure to slowly acclimate the students to the warm weather by starting outside for only 2-3 hours each day, then gradually increasing the time. We provide the students several water breaks and encourage them to sit in the shade.

Below are some things the students can do to help prepare for Summer Band:

- Be sure to drink lots of water BEFORE camp! Not soda, tea, energy drinks, etc. They dehydrate your body.
- Be sure to eat a good meal the night before
- It is crucial the kids eat breakfast before camp. Even if they don't normally eat in the mornings, they will need the fuel to feel good.
- Get plenty of sleep each night. That will take care of itself after the first day!

